

**“Ambitious and focused towards achieving work –related and personal goals. Aptitude for rapid learning, especially when faced with new challenges with an ability to improvise when necessary. Well informed on a variety of subjects, with a continued drive for an expansion of knowledge, particularly in areas of care provision and community development, horizontal learning, stress management and complimentary/alternative therapy.**

Qualifications, career and experiences:

Nursing qualification (RNLD) 1983 registered with NMC

City & Guild 7307 Adult Teaching Certificate 1993 (HNWC)

Initial Teaching Certificate in Numeracy & Literacy 1995 (HNWC)

Dyslexia 1995 (HNWC)

Aromatherapy (Shirley Price Aromatherapy) Certificate 1994

Relationships and Sexuality for people with learning difficulties, by Ann Craft 1990 (Nottingham University)

Reiki Master Teacher 1995 (Margaret Williams)

Sechiem Master 1997

Crystal Healing Diploma 1998

Spiritual Medium 1999 (Cardiff)

Foster carer 1985-2000 specialising in under achievers and those with learning disabilities, autism and Adult Placement/Shared lives scheme 1990 – 2000.

2000 converted own home into a Residential Care Home for young adults with quadriplegia.

Special Needs Tutor 1992 position at William Bradford College further education teaching ABE, Relationships, special needs, women’s groups and health awareness, complimentary therapy and stress management. Founder of the Learning for Life Programme at William Bradford, Bosworth and Oadby Beachamp Colleges.

1992-1994 Vice chair –person Special Needs Integration Project SNIPS is a local charity providing social and leisure events for children and adults with learning disabilities

1995 -2014 Director Skills For Living (Leicestershire) Ltd) Supporting individuals within the community in Supported Living, Day Services and Residential Homes. Specialising in supporting individuals with Complex Health Care Needs, Autism and Complex behaviour.

1994 to date Natural Healing UK (Aromatherapy, Reiki, Crystals, Meditation, and Heal Your Life workshops). Services to NHS autism services 1994-1998. Presented the Aromatherapy RNIB module on profound and multiple disabilities Leicestershire partnership Trust.

1998 invited to join the NHS Complimentary Therapies Committee to write an Aromatherapy policy for the Trust Board. Presented workshops on Aromatherapy and learning disabilities at De Montfort University.

Published Four articles on Aromatherapy and adults with learning disabilities at Boots PLC.

2005 NVQ Social Care Level 4 & Registered Managers Award (HNWC) to support my registration with the Care Quality Commission

2000 Owner/ Care Provider of Residential Care Home Jubilee Villa Ltd to date.

Oct 2014 set up Lucy's Homes (Rentals)

2015 CBT coach

2015 First Aid Certificate

July 2015 Louise Hay Licensed Heal Your Life Workshop Leader

Jan 2015 launched my own Aromatherapy product range.

March 2015 set up Lucy's Accessible Holidays at Butlin's Skegness

March 2015 Weekly started delivering meditation and healing circle and monthly Spiritual Development.

September 2016 Trustee board member International Society Professional Aromatherapy (IFPA)

I support a local charity A Gift To Lift by donating 10% of my meditation and workshop admission fees. Raising funds for blood cancer research, a holiday home in Norfolk and Wishes for those suffering with the condition.

I have worked with and supported people for over 40 years as a nurse, teacher, provider, therapist and coach. I have had some profound experiences through Aromatherapy and Reiki healing.

My main passion is to serve and support others. Give when others need what I have, and demonstrate kindness and compassion at all times.

I am flexible, approachable and adaptable. I have incredible perception and an excellent judge of character.

I have four grandchildren whom I love to spend time with. I go to regular fitness and clubbercise/zumba classes, enjoy travelling and spending time at my second home in Spain, reading, but mainly developing my spirituality.

I am currently studying:

The Science of Mind

The MSEC foundation course with the Metaphysical Society in preparation to become a metaphysical counsellor

October 2016 I will be studying to become a certified NLP practitioner with Richard Brandler and the Metaphysics Society September 2016 to become a spiritual counsellor.